

Quarter 3

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Essence of Health Ministry

Feature Spotlight

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For more updates, photos, and stories, please visit our official website and Facebook page. More mission reports are posted there regularly.



About Us

We are a Christ-centered health ministry committed to caring for the whole person—body, mind, and spirit. Our mission is guided by our motto: Healing, Serving, Building, Preparing Hearts for Christ's Return.

We bring healing through health programs and lifestyle guidance, serve others with compassion, and build stronger lives and churches through support and cooperation. Above all, we seek to prepare hearts for Christ's soon return by encouraging a deeper, healthier walk with God.

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Witnessing God's Leading: Essence of Health Ministry at OCI 2025

Leslie Bagagnan, treasurer of the Essence of Health Ministry, participated in the Outpost Centers International (OCI) Conference held in Valencia City, Bukidnon, from August 21–24, 2025. The event proved to be a milestone experience for her, marked by several significant firsts—her first airplane flight, her first solo mission trip, and her first opportunity to attend an OCI conference. These moments became meaningful reminders of God's guidance and faithfulness throughout her journey.

During the conference, Leslie connected with individuals from diverse backgrounds who shared the same Christ-centered mission: to spread the gospel and lead people to Jesus. She had the opportunity to meet founders of various ministries, dedicated missionaries working in different fields, and members of OCI's executive leadership, including the president, Steve Dickman and the Field VP- Alain Bautista. Their dedication and humility deeply inspired her and reinforced her commitment to ministry work.

Representing the Essence of Health Ministry through its booth became one of the highlights of her participation. Attendees were introduced to the ministry's mission, ongoing work, and the ways God has been leading its initiatives.

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Grace that Found Me: Kristsia's Walk with God



I am Kristsia Ramos Eleazar, 25 years old, and I live in Barangay Caguisan, Narra, Palawan. My life at first was not good in God's sight. I grew up knowing there is a God, and since I was young, I already attended Sunday worship. I lived in worldly pleasures and became focused on competition and rankings in school from elementary to Grade 9.

But God is so good because He had a greater plan for my life. When I enrolled in Grade 10 at the age of 16, an Adventist family offered to sponsor my studies. I lived in their home and joined their evening and Sabbath worships. Through them, I came to truly know the truth, and by God's grace, I was baptised.

After that, I met another Adventist family whose lives were fully dedicated to God's ministry. God used them as instruments to help me enhance my talents for His work and to strengthen my spiritual life. I travelled with them for five years around Palawan doing God's ministry.

Eventually, I decided to return home. Not long after, my older sister—also an Adventist—invited me to join a missionary training group that was being held in Palawan for the first time. I still remember my prayer to become a medical missionary someday, and I felt so happy and blessed because God had answered that prayer.

I told the Lord that if it was His will, He would provide my tuition fee. And God granted my request. I was trained under the Gospel Medical Missionary Farmer (GMMF) programme of LIGHT Palawan for three months, followed by a nine-month deployment.

Through this training, I learnt what it truly means to be a converted Adventist Christian. I gained deeper knowledge of the Bible—things I had never heard before.

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After our training, God sent me to Verde Island, Batangas City for my first deployment. I was surprised and nervous because I was not accustomed to long travels, especially by sea. But God taught me to trust Him faithfully, believing that He would guide me wherever I go and that everything would be alright. I felt blessed and thankful, even though it required patience to leave my family while doing His work in another place.

Life in that mission area was very challenging, especially the lifestyle adjustments. But God is so good—He helped me survive and provided all my needs. After nine months, I returned to Palawan for our graduation as the first batch of GMMF trainees.

Then the Lord called me again, this time to become a volunteer staff for the third batch of trainees. For three months, I served in another mission area near the mountains—exactly the kind of place I loved because I am a nature-lover. There, I could see even more clearly how powerful the God I serve truly is.

I want to share one of my favourite Bible verses, found in Isaiah 60:1: “Arise, shine, for thy light is come, and the glory of the Lord is risen upon thee.”

As of now, I continue to joyfully serve in His vineyard, ministering to the people in this place in different ways by God’s grace.

-Kristisia R. Eleazar

Missionary

Apis, Palawan

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Leslie also presented a report on the ministry’s recent accomplishments, its upcoming projects for the remaining months of the year, and initial plans for next year’s mission trip. These engagements provided greater visibility for the ministry and opened opportunities for potential partnerships and collaborations.

The conference also strengthened Leslie’s network within the missionary community.

She formed meaningful friendships with fellow workers in the field, gained valuable insights from their experiences, and gathered practical lessons that can support the continued growth of the Essence of Health Ministry. Being surrounded by individuals who shared the same burden and dedication served as a powerful reminder that the work of the Lord is carried out by many hands united in a common purpose. For her, the OCI Conference served as more than a gathering—it was a spiritual revival and a reaffirmation of her calling. She returned with renewed passion for service, strengthened convictions, and a broader vision for the ministry’s future.

“Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.”
—1 Corinthians 15:58 (NKJV)

-editor

A Week of Light in Quipanglao



From September 8–13, 2025, the residents of Sitio Quipanglao in Barangay San Juan, Bulalacao, Oriental Mindoro were blessed with a week of uplifting spiritual activities led by Bro. Romer Uybad, a native Mangyan dedicated to sharing God’s Word. His presence brought a meaningful connection to the community as he delivered messages filled with sincerity, cultural understanding, and spiritual depth. Each evening, families gathered with enthusiasm to hear Bible truths presented with clarity and compassion. Bro. Uybad’s messages focused on revival, faithfulness, and practical Christian living—encouraging everyone to strengthen their relationship with God and prepare for Christ’s soon return.

Despite the rural location, attendance remained strong throughout the week. Children, youth, and adults alike participated actively, creating an atmosphere of unity and warmth. Local members supported the nightly meetings through prayer, music, and service.

The mission week concluded with heartfelt gratitude from the residents, thankful for the spiritual encouragement and renewed hope brought to their barangay. The seeds planted during this series are expected to flourish as the community continues to grow in faith and commitment to God.

-Aida Maligo

Bible Worker

Oriental Mindoro

From Learning to Serving: Brethren Empowered in San Andres



From July 30 to August 6, 2025, our two missionaries from San Narciso, Quezon, Andrea and Hazel, were called by God to conduct a special training for the brethren of the New Jerusalem Zone in San Andres, Quezon. Throughout the week, they led nightly revival lectures, inspiring the participants to become more actively involved in God's mission and to understand the vital role of the church in spreading the gospel.

Beyond the spiritual lessons, Andrea and Hazel emphasized practical skills that would prepare the participants to serve their communities effectively. They conducted hands-on sessions on taking blood pressure, applying health principles, and conducting Bible studies. The training also included practical exercises on visitation, teaching the participants how to share God's Word and minister to others in their neighborhoods.

The brethren responded with enthusiasm and dedication, actively participating in both the spiritual and practical aspects of the training. By the end of the week, the participants were not only spiritually uplifted but also equipped with the knowledge and confidence needed to serve in God's vineyard. The training concluded with a renewed sense of commitment and readiness among the brethren to carry forward the mission work, bringing God's love and teachings to their communities.

-editor



A Journey of Service in Isla Verde



The past few weeks in Isla Verde have been a true journey of faith. Visiting our patients and Bible students has been challenging at times because of past issues that affected the community, but by God's grace, I have seen hearts heal and relationships strengthen. Little by little, God is restoring trust and unity among the people.

I have been blessed to witness the crops growing well, which encourages the community, and to minister to both the youth and elderly through simple medical work. Many elderly people express health concerns, and I am thankful that God allows me to bring comfort, healing, and His love to them.

This week, we traveled to Liponpon, where the Barangay Captain approved us to conduct evangelism for both adults and children. I am excited to continue building relationships there and share God's Word with the community. During Sabbath, I also led activities in San Agustin, where I saw the members' genuine interest in the gospel, which encouraged and strengthened my faith.

Our medical mission work continues with house-to-house visits, health assessments, and early morning outreach to children at school flag ceremonies. The school principal has welcomed our teaching about farming, public health, and the gospel, giving us more opportunities to serve.

I am grateful for God's guidance, the support of Pastor Erwin, and your prayers. It is a blessing to serve here in Isla Verde and witness God working in the hearts of the people every day.

-Eunel Marbella

Missionary

Isla Verde, Batangas

Partner in the Harvest: Adopt-a-Bible Worker Program

Bible Workers in Our Mission Field

- **Apis, Palawan.** 2
- **Isla Verde, Batangas.** 2
- **Mindoro.** 2
- **Bondoc Peninsula.** 2
- **Mountain Province** 1
- **Zamboanga.** 1

"The harvest truly is great, but the labourers are few..." – Luke 10:2

Across the Philippines, eleven dedicated Bible workers are sowing seeds of truth and hope—reaching out to families, visiting homes, conducting Bible studies, and sharing the love of Jesus with people from all walks of life. They are faithfully doing the work, not for riches or recognition, but because their hearts burn with a calling from God. But even faithful hearts need daily bread.

Through our **Adopt-a-Bible Worker** program, we invite you to prayerfully consider partnering with us to support these humble servants of the Lord. Each Bible worker needs a \$300 monthly stipend to sustain their ministry and daily living. This isn't just about financial support—it's about sharing in the mission. When you adopt a Bible worker, you're not only helping meet their needs, you're becoming part of every soul reached, every Bible study held, and every life changed.

Would you consider being a part of this mission?

🙏 Pray for our Bible workers

🙏 Share this with someone who might want to help

🙏 If God impresses you, support one with any amount or commit to a monthly pledge.

To give or adopt a worker:

✉ **Message us on Facebook at Essence of Health Ministry**

🌐 Or visit www.outpostcenters.org and click Donate.

When the page opens, go to Add Recipient, click Add Ministry +, then type Essence of Health Ministry Great Southern Inc. and select it. Follow the prompts.

Donating Within Australia:

Acc Name: Essence of Health Ministry Great Southern Incorporated

Bendigo Bank

BSB: 633 000

Account Number: 205 660 244

Thank you for being part of God's work.

Together, let's lift up those who are lifting up Jesus. ❤️

Be the answer to someone's prayer.